

A&E Pre-tibial Lacerations

The cut on your leg is one which needs special care and can take anything between weeks and months to heal.

We do not use stitches on this type of cut because the skin is usually very thin on your leg, we use instead paper stitches, called steristrips.

Your cut will heal better with a good supply of blood to it, which is why we put the bandage all the way from your toes to your knee. This ensures good, even circulation to your leg.

Things to remember about your bandage:

- Keep your bandage on until your next visit
- Rest at least 2 or 3 times a day for half hour periods by sitting or lying with your legs higher than your bottom.
- Whenever you sit down, try to elevate your leg.
- If you need painkillers, take something simple like paracetamol.

Don't

- Get your bandage wet
- Stand for a long time in one position

Return to the accident and emergency department before your next appointment if:

- Your leg bleeds heavily, soaking the dressing thoroughly
- Your toes become very swollen
- You are worried about your leg for any reason at all

Patient Experience

We know that being admitted to hospital can be a difficult and unsettling time for you and your loved ones. If you have any questions or concerns, please do speak with a member of staff on the ward or in the relevant department who will do their best to answer your questions and reassure you.

Feedback

Feedback is really important and useful to us – it can tell us where we are working well and where improvements can be made. There are lots of ways you can share your experience with us including completing our Friends and Family Test – cards are available and can be posted on all wards, departments and clinics at our hospitals. We value your comments and feedback and thank you for taking the time to share this with us.

Patient Advice and Liaison Service (PALS)

If you have any concerns or questions about your care, we advise you to talk with the nurse in charge or the department manager in the first instance as they are best placed to answer any questions or resolve concerns quickly. If the relevant member of staff is unable to help resolve your concern, you can contact the PALS Team. We offer informal help, advice or support about any aspect of hospital services & experiences.

Our PALS team will liaise with the various departments in our hospitals on your behalf, if you feel unable to do so, to resolve your problems and where appropriate refer to outside help.

If you are still unhappy you can contact the Complaints Department, who can investigate your concerns. You can make a complaint orally, electronically or in writing and we can advise and guide you through the complaints procedure.

How to contact PALS:

Telephone Patient Services: 0300 123 1732 or via email at: wah-tr.PALS@nhs.net

Opening times:

The PALS telephone lines are open Monday to Friday from 8.30am to 4.00pm. Please be aware that you may need to leave a voicemail message, but we aim to return your call within one working day.

If you are unable to understand this leaflet, please communicate with a member of staff.

For additional medical advice, if your symptoms or condition worsens:

Contact your GP

NHS 111:

Telephone 111

Get help with your symptoms, NHS111:

<https://111.nhs.uk/>

Information to help you manage your health:

www.nhs.uk

In an emergency telephone 999

Emergency Department (A&E)
Alexandra Hospital
Woodrow Drive
Redditch B98 7UB

Tel: 01527 512030

Minor Injury Unit
Kidderminster Hospital
Bewdley Road
Kidderminster DY11 6RJ

Tel: 01562 513039

Emergency Department (A&E)
Worcestershire Royal Hospital
Charles Hastings Way
Worcester WR5 1DD

Tel: 01905 760743