



Patient Instructions for Collecting Your Sample

If you would like more information about FIT testing visit
www.tinyurl.com/WorcsFIT2

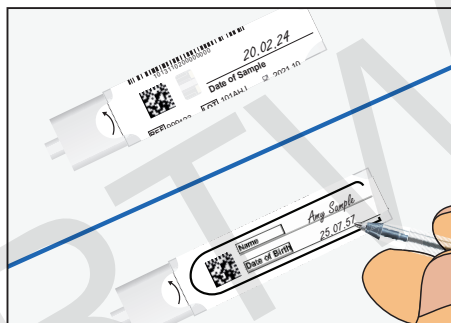


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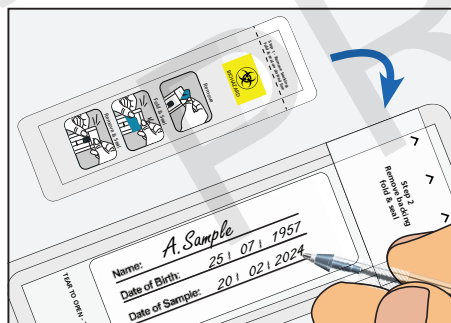
BEFORE YOU BEGIN....

Your doctor has asked you to complete this test.
It is important that you do this as soon as possible.
Once completed take it back to your GP surgery within 24 hours.

How to Collect Your Sample Start Here...



1 Write your name, date of birth AND date the sample was taken on the tube labels as shown here.



2 Write your name and date of birth AND the date that the sample was taken on the label on the pouch.



3 HOW TO CATCH THE SAMPLE

It is important that your stool sample does not touch the toilet water. There are different ways to collect your sample, try:

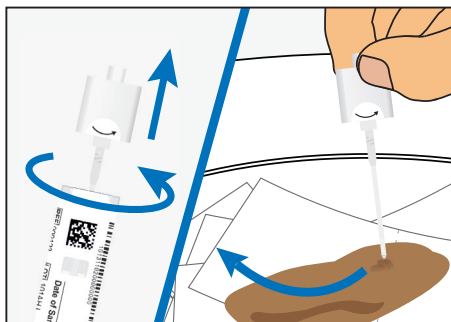
- A. Several layers of folded toilet paper
- B. Hand inside a small plastic bag/glove
- C. A clean disposable container

You may find a way that is easier for you, but make sure you catch your stool sample **before it touches the water**.

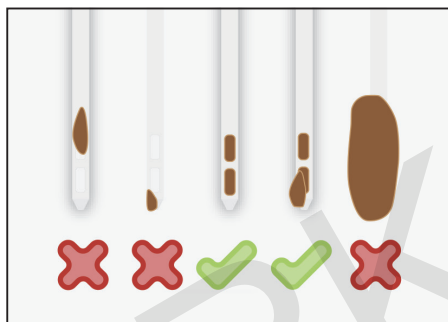
NB: Please write the date of sample on the pouch.

Instructions continued overleaf...

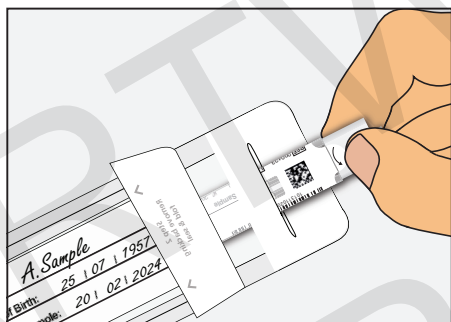




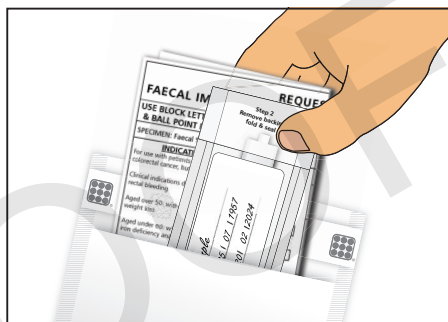
- 4 COLLECTING THE SAMPLE**
Unscrew the top of the sample tube anti-clockwise and scrape the end of the stick along the stool sample.



- 5** Ensure that the end of the stick is covered in sample but do not coat the rest of the stick. Replace the stick into the device and twist clockwise to close securely. Only do this ONCE.



- 6 PACKAGING THE SAMPLE**
Place your sample tube into the pouch and follow the instructions to seal.



- 7** Place the pouch AND the request form provided back inside the envelope and complete the checklist on the front of the envelope.

**Please check you have completed all the steps
and return the test to your GP surgery within 24 hours.**

Your test result will be returned directly to your doctor within 7 days.
If you have not heard from them within 2 weeks please contact them.



Faecal Immunochemical Test (FIT) Pack

Lot. No: 222ABL-A24

Expiry: 31/12/2024



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DOCTOR PLEASE NOTE :

You MUST complete the request on ICE.

Give the paper request to the patient to return with their sample in this envelope.

- If you are running out of packs email: **wah-tr.dutyBMS@nhs.net** to obtain more
- Ensure the issuing of this collection kit is recorded in case the sample is not collected or gets lost

PATIENT - Please Return the Sample in this Envelope

Please complete the checklist to ensure all required components have been included:

- ☐ Sample, in the sample tube, labelled with your name and date of birth, and collected within the last 24hrs
- ☐ Patient details written on the pouch
- ☐ Completed sample request form (provided by your doctor/GP surgery)

Please return the envelope to your surgery and your sample will be sent to the laboratory via sample transport.

Supplied by:

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C5 Envelope_WAHT_V3

